

UUCF Volunteer Opportunities

| Commitment Level | Committee | Contact | Description | |
|------------------|---|--|--|--|
| 1 | ACT! (Act for Climate Today!) | Loretta Rowe, actforclimatetoday@gmail.com | Act for Climate Today! (ACT!) helps organize educational programs and activities to inspire planet-friendly choices! | |
| 1 | Blood Donation | Matt Higgins, higginsm7@gmail.com | Donate blood at UUCF about once every 4months. Upcoming blood drives are in the UUCF Thursday email. | |
| 1 | Chalice Lighters | Susan Bennett, Lay Minister for Worship and Arts, eurekagrl@gmail.com | Be a part of UUCF's Sunday morning worship service by lighting the chalice. All are welcome to participate – families with or without children, friends, chosen family, small groups, and individuals. No speaking required. | |
| 1 | Nursery Helpers | Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org | The UUCF Nursery needs volunteer help during Sunday worship services to support regular workers. High school students age 15 and up are welcome to volunteer. UUCF can offer pay to those ages 16 and older. | |
| 1 | Pastoral Care Providers | Tim Casey, Lay Minister for Caring & Wellness, timcasey703@gmail.com | Provide pastoral care to other congregants in need - meals, rides, light household tasks, comfort, and a helping hand. | |
| 1 | Religious Exploration Classroom Helpers | Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org | Assist an RE class for one Sunday. Help teachers with class crafts and activities. Interact with students. | |
| 1 | UUCF Food Drives | Andrew Batchner, Social Justice Coordinator, abatchner@uucf.org | UUCF hosts quarterly food drives to support local food agencies around the DMV. Look for announcements in the UUCF Thursday email. | |
| 1 | Welcome Table | Terry Goplerud, Lay Minister for Membership, terrygoplerud@gmail.com | Welcome visitor on Sunday mornings, help them make connections with other visitors and members and with UUCF activities and programs. | |

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| 1 | Worship Volunteers | Mary Foster, uucf@uucf.org | Help make or clean up coffee, usher, and staff the fair trade cart. These are easy ways to help on Sunday mornings. Email Mary Foster to join the Realm group and receive emails when help is need. | |
| 2 | Garden Gnomes | Bob Root, bnbroot@aol.com | Join the Garden Gnomes when you're available in mulching, pruning, and pulling up invasives to help sustain the vibrant blooms and buzzing pollinators across the UUCF campus. | |
| 2 | UUCF Annual Auction - Help on Auction Day | contact to be determined | Help at the auction by bringing food, helping at various tables (bar, registration, help desk) and other day-of jobs. Look for a Signup Genius a few months prior to the auction to sign up. | |
| 2 | Audio, Video, and Lighting (AVL) Volunteers | Ben Mellott, bmellott@uucf.org | Join the dynamic AVL Tech team and play a vital role in enhancing worship services and events through audio and video production! Individuals of all experience levels invited | |
| 2 | Campus Care Crew | Peter Clark, Lay Minister for Property Stewardship, clark.peter39@gmail.com | Volunteer to work on projects around the campus. Projects start in April and end in September. Look for announcements in the UUCF Thursday email or contact Peter for a list of projects. | |
| 2 | Hot Meals Preparation | Hannah Kim, hkim_4@yahoo.com or Judy Leonard, jmljieje@gmail.com | Every other month, UUCF volunteers prepare and deliver more than 80 breakfasts for people experiencing homelessness. Look for announcements in the UUCF Thursday email. | |
| 2 | Adult Choir | Paul Riddle, priddle8@gmail.com | This adult ensemble welcomes anyone interested in singing and being part of a nurturing and joyous space. | |
| 2 | Worship Bands | Blake Simpkins, blakelock@gmail.com | Worship is a cornerstone of community life at UUCF and music is fundamental to that time together. A variety of bands enhance and support worship throughout the year. Musicians interested in joining the program should email Blake Simpkins. | |

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| 2 | Joyful Noise! Music and Movement Group | Rosanna Hanson, rosanna.hanson@gmail.com | A pre-K through Grade 3 group for parents and children. In thematic weekly sessions, children create music through instruments, songs, movement, and games. They learn basic note reading skills to prepare them to transition to the Voices of Hope Youth Choir in 3rd Grade. Younger siblings are welcome. | |
| 2 | Voices of Hope | Autumn Yates, autumntyates@gmail.com | For Grades 3-12 from UUCF and beyond. Participants deepen their connections to one another and to UU values through improv theater, team-building games, singing, dancing, and even a rock band. The ensemble performs regularly in worship services and in the community from September through June. | |
| 2 | Visual Arts | Janet Sifers, samnizzy@yahoo.com | UUCF has a vibrant visual arts community with opportunities to meet other artists and exhibit work in the UUCF Sanctuary and Music & Arts Room. Visit uucf.org/visual-arts for details. | |
| 2 | Music & Arts Committee | Laura Weiss, Director of Music and Arts, lweiss@uucf.org | The Music and Arts Committee welcomes volunteers to work on a wide range of activities supporting music and arts at UUCF. | |
| 2 | UUnite for Justice Team | Andrew Batchner, Social Justice Coordinator, abatchner@uucf.org | Join UUCF's primary social justice organizing committee in planning activities and events that support UUCF's social justice agenda. | |
| 3 | Revolution Ringers Handbell Choir | Gina Wells, handbell director, gina.king@gmail.com | This English handbell ensemble performs in worship on a three-octave set of bells and hand chimes throughout the year. Great for families. All skill levels welcome. | |
| 3 | Social Connections Team | Nina Doorley, ninadoorley@gmail.com | Love UUCF's big celebrations? Want to help make them welcoming, joyful, and unforgettable? Join the Social Connections Team! You'll be part of a creative crew shaping events like LoveFest, the Holiday Party, and the Fall Festival. | |

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| 3 | Religious Exploration - Facilitator for Adult OWL (Our Whole Lives) | Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org | Facilitator for Adult OWL (Our Whole Lives) comprehensive sexuality education - a 12 week in-person course. Facilitators must complete a 27-hour training class to be qualified to teach, have experience facilitating groups, and demonstrate a high level of emotional intelligence. | |
| 3 | Religious Exploration Committee (REC) | Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org | Work on a team to help set strategic direction for UUCF's Religious Exploration program. | |
| 3 | Religious Exploration - Coming of Age Mentor | Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org | Mentor a middle school student for about 8 months as they think about their belief system and present their credo to the congregation. The COA program includes various field trips and get togethers throughout the year. | |
| 3 | English for Speakers of Other Language (ESOL) | Marcia Tugendhat, Lead Teacher, mtugendhat@me.com | Lead or assist in weekly classes for adults learning English at different skill levels. Classes take place at a community center in Reston. Lead teachers need to plan and prepare material. Some experience preferred for lead teachers. Assistant teaching is appropriate for those who may not be available every week. | |
| 3 | Hypothermia Shelter | Tom Hettenhouser, thettenhouser@gmail.com | One week each February, UUCF provides shelter for those experiencing homelessness in Fairfax County. There are a variety of volunteer roles needed. | |
| 3 | Future Giving Team | Grace Meininger, Future Giving Team chair, gracemeininger@gmail.com | Help promote legacy giving at UUCF by hosting an informational meetings each October, and a thank-you brunch for members of UUCF's Legacy Society each May. | |
| 4 | Annual Auction Committee | Auction chair to be determined | Help strategically plan the auction. A variety of team leads and levels of commitment are needed. | |

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| 4 | Lay Ministers | UUCF Coordinating Team, coordinatingteam@uucf.org | UUCF has Lay Ministers for Membership, Family Ministry, Property Stewardship, Worship & Arts, Social Justice, and Caring & Wellness. Leaders in these categories help guide the mission of each ministry group. | |
| 4 | Leadership & Nominations Committee | Hanh Michael (co-chair), hanhpmichael@gmail.com | The Leadership and Nominations Committee (LNC) helps identify future UUCF leaders and supports the growth of current and emerging leaders. Leadership and Nominations Committee members are nominated by the LNC and voted on at the UUCF annual meeting. | |
| 4 | Religious Exploration Teachers | Diana Tycker, Director of Family Ministries and Lifespan Faith Formation, dtycker@uucf.org | Co-teach with two to three other teachers one grade for a school year. Most teachers teach three Sundays a month. | |
| 4 | Worship Associates | Susan Bennett, Lay Minister for Worship and Arts, eurekaagrl@gmail.com | Worship Associates support and participate in worship services by doing readings and providing practical assistance. Training is provided. Most worship associates assist in at least one service every other month. | |
| 5 | Coordinating Team | UUCF Coordinating Team, coordinatingteam@uucf.org | The Coordinating Team (CT) implements the policies and goals developed by the UUCF Board of Directors on behalf of the congregation, is accountable for day-to-day operations at UUCF, and drafts the congregation's annual budget. The CT also drafts and maintains UUCF operating policies and procedures. Two lay members serve on the CT and are selected by the Board of Directors. | |
| 5 | Board of Directors | Dillon Ginley, Board President, board@uucf.org | The Board sets strategic direction for UUCF. Board members are nominated by the Leadership and Nominations Committee and voted on at the annual meeting. | |