

UUCF Volunteer Opportunities

Commitment Level	Committee	Contact	Description
1	ACT! (Act for Climate Today!)	Loretta Rowe, actforclimatetoday@gmail.com	Act for Climate Today! (ACT!) helps organize educational programs and activities to inspire planet-friendly choices!
1	Blood Donation	Matt Higgins, higginsm7@gmail.com	Donate blood at UUCF about once every 4months. Upcoming blood drives are in the UUCF Thursday email.
1	Chalice Lighters	Susan Bennett, Lay Minister for Worship and Arts, eurekagrl@gmail.com	Be a part of UUCF's Sunday morning worship service by lighting the chalice. All are welcome to participate – families with or without children, friends, chosen family, small groups, and individuals. No speaking required.
1	Nursery Helpers	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	The UUCF Nursery needs volunteer help during Sunday worship services to support regular workers. High school students age 15 and up are welcome to volunteer. UUCF can offer pay to those ages 16 and older.
1	Pastoral Care Providers	Tim Casey, Lay Minister for Caring & Wellness, timcasey703@gmail.com	Provide pastoral care to other congregants in need - meals, rides, light household tasks, comfort, and a helping hand.
1	Religious Exploration Classroom Helpers	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	Assist an RE class for one Sunday. Help teachers with class crafts and activities. Interact with students.
1	UUCF Food Drives	Andrew Batcher, Social Justice Coordinator, abatcher@uucf.org	UUCF hosts quarterly food drives to support local food agencies around the DMV. Look for announcements in the UUCF Thursday email.
1	Welcome Table	Terry Goplerud, Lay Minister for Membership, terrygoplerud@gmail.com	Welcome visitor on Sunday mornings, help them make connections with other visitors and members and with UUCF activities and programs.

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1	Worship Volunteers	Mary Foster, uucf@uucf.org	Help make or clean up coffee, usher, and staff the fair trade cart. These are easy ways to help on Sunday mornings. Email Mary Foster to join the Realm group and receive emails when help is need.	
2	Garden Gnomes	Bob Root, bnroot@aol.com	Join the Garden Gnomes when you're available in mulching, pruning, and pulling up invasives to help sustain the vibrant blooms and buzzing pollinators across the UUCF campus.	
2	UUCF Annual Auction - Help on Auction Day	contact to be determined	Help at the auction by bringing food, helping at various tables (bar, registration, help desk) and other day-of jobs. Look for a Signup Genius a few months prior to the auction to sign up.	
2	Audio, Video, and Lighting (AVL) Volunteers	Ben Mellott, bmellott@uucf.org	Join the dynamic AVL Tech team and play a vital role in enhancing worship services and events through audio and video production! Individuals of all experience levels invited	
2	Campus Care Crew	Peter Clark, Lay Minister for Property Stewardship, clark.peter39@gmail.com	Volunteer to work on projects around the campus. Projects start in April and end in September. Look for announcements in the UUCF Thursday email or contact Peter for a list of projects.	
2	Hot Meals Preparation	Hannah Kim, hkim_4@yahoo.com or Judy Leonard, jmljiejie@gmail.com	Every other month, UUCF volunteers prepare and deliver more than 80 breakfasts for people experiencing homelessness. Look for announcements in the UUCF Thursday email.	
2	Adult Choir	Paul Riddle, priddle8@gmail.com	This adult ensemble welcomes anyone interested in singing and being part of a nurturing and joyous space.	
2	Worship Bands	Blake Simpkins, blakelock@gmail.com	Worship is a cornerstone of community life at UUCF and music is fundamental to that time together. A variety of bands enhance and support worship throughout the year. Musicians interested in joining the program should email Blake Simpkins.	

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2	Joyful Noise! Music and Movement Group	Rosanna Hanson, rosanna.hanson@gmail.com	A pre-K through Grade 3 group for parents and children. In thematic weekly sessions, children create music through instruments, songs, movement, and games. They learn basic note reading skills to prepare them to transition to the Voices of Hope Youth Choir in 3rd Grade. Younger siblings are welcome.	
2	Voices of Hope	Autumn Yates, autumnyates@gmail.com	For Grades 3-12 from UUCF and beyond. Participants deepen their connections to one another and to UU values through improv theater, team-building games, singing, dancing, and even a rock band. The ensemble performs regularly in worship services and in the community from September through June.	
2	Visual Arts	Janet Sifers, samnizy@yahoo.com	UUCF has a vibrant visual arts community with opportunities to meet other artists and exhibit work in the UUCF Sanctuary and Music & Arts Room. Visit uucf.org/visual-arts for details.	
2	Music & Arts Committee	Laura Weiss, Director of Music and Arts, lweiss@uucf.org	The Music and Arts Committee welcomes volunteers to work on a wide range of activities supporting music and arts at UUCF.	
2	UUnite for Justice Team	Andrew Batcher, Social Justice Coordinator, abatcher@uucf.org	Join UUCF's primary social justice organizing committee in planning activities and events that support UUCF's social justice agenda.	
3	Revolution Ringers Handbell Choir	Gina Wells, handbell director, gina.king@gmail.com	This English handbell ensemble performs in worship on a three-octave set of bells and hand chimes throughout the year. Great for families. All skill levels welcome.	
3	Social Connections Team	Nina Doorley, ninadoorley@gmail.com	Love UUCF's big celebrations? Want to help make them welcoming, joyful, and unforgettable? Join the Social Connections Team! You'll be part of a creative crew shaping events like LoveFest, the Holiday Party, and the Fall Festival.	

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3	Religious Exploration - Facilitator for Adult OWL (Our Whole Lives)	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	Facilitator for Adult OWL (Our Whole Lives) comprehensive sexuality education - a 12 week in-person course. Facilitators must complete a 27-hour training class to be qualified to teach, have experience facilitating groups, and demonstrate a high level of emotional intelligence.
3	Religious Exploration Committee (REC)	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	Work on a team to help set strategic direction for UUCF's Religious Exploration program.
3	Religious Exploration - Coming of Age Mentor	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	Mentor a middle school student for about 8 months as they think about their belief system and present their credo to the congregation. The COA program includes various field trips and get togethers throughout the year.
3	English for Speakers of Other Language (ESOL)	Marcia Tugendhat, Lead Teacher, mtugendhat@me.com	Lead or assist in weekly classes for adults learning English at different skill levels. Classes take place at a community center in Reston. Lead teachers need to plan and prepare material. Some experience preferred for lead teachers. Assistant teaching is appropriate for those who may not be available every week.
3	Hypothermia Shelter	Tom Hettenhouser, thettenhouser@gmail.com	One week each February, UUCF provides shelter for those experiencing homelessness in Fairfax County. There are a variety of volunteer roles needed.
3	Future Giving Team	Grace Meininger, Future Giving Team chair, gracemeininger@gmail.com	Help promote legacy giving at UUCF by hosting an informational meetings each October, and a thank-you brunch for members of UUCF's Legacy Society each May.
4	Annual Auction Committee	Auction chair to be determined	Help strategically plan the auction. A variety of team leads and levels of commitment are needed.

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4	Lay Ministers	UUCF Coordinating Team, coordinatingteam @uucf.org	UUCF has Lay Ministers for Membership, Family Ministry, Property Stewardship, Worship & Arts, Social Justice, and Caring & Wellness. Leaders in these categories help guide the mission of each ministry group.
4	Leadership & Nominations Committee	Hanh Michael (co-chair), hanhpmichael@gmail.com	The Leadership and Nominations Committee (LNC) helps identify future UUCF leaders and supports the growth of current and emerging leaders. Leadership and Nominations Committee members are nominated by the LNC and voted on at the UUCF annual meeting.
4	Religious Exploration Teachers	Diana Tycer, Director of Family Ministries and Lifespan Faith Formation, dtycer@uucf.org	Co-teach with two to three other teachers one grade for a school year. Most teachers teach three Sundays a month.
4	Worship Associates	Susan Bennett, Lay Minister for Worship and Arts, eurekagrl@gmail.com	Worship Associates support and participate in worship services by doing readings and providing practical assistance. Training is provided. Most worship associates assist in at least one service every other month.
5	Coordinating Team	UUCF Coordinating Team, coordinatingteam @uucf.org	The Coordinating Team (CT) implements the policies and goals developed by the UUCF Board of Directors on behalf of the congregation, is accountable for day-to-day operations at UUCF, and drafts the congregation's annual budget. The CT also drafts and maintains UUCF operating policies and procedures. Two lay members serve on the CT and are selected by the Board of Directors.
5	Board of Directors	Dillon Ginley, Board President, board@uucf.org	The Board sets strategic direction for UUCF. Board members are nominated by the Leadership and Nominations Committee and voted on at the annual meeting.